

ONE-POT MEAL SUGGESTIONS

The following are homemade and freshly prepared for a minimum of 6 people and priced per head.

You can then heat and serve at your convenience.

Soups \$8

Potato & lentil soup
Roasted pumpkin & ginger soup
Thai shrimp soup
Jamaican pepper pot soup

Salads \$5

Saint Lucian Green salad
Coleslaw salad
Greek salad
Steamed veg salad

Main one-pot Meals \$12

Beef lasagna
Macaroni & cheese
Scalloped Potatoes
Curried lamb or Chicken with Coconut basmati rice
Chinese fried rice with chicken strips
Pasta of choice

Bread \$2

Homemade herb bread
Garlic dinner rolls

Desserts \$6

Lemon cheesecake
Tropical Banana cake
Ice cream
Mini chocolate blueberry muffins

Packed Lunches \$12

A selection of Sandwiches & Wraps, Fruit, Local juices, Water & a Sweet Treat

Options:

Chicken, Bacon & Avocado
Egg Mayonnaise
Tuna Mayonnaise
Beef & Horseradish
BLT Cheese & Pickle

Subject to 10% VAT & 10% Service Charge